

NOMI BACHAR

Creator/Founder of Gates of Power®



Transform your Life. Now.

ABOUT ME

Hi, I am **Nomi Bachar**, a human potential expert, self-healing and self-actualization coach, and psychotherapist. I am a bestselling author and the founder/director of White Cedar Institute. As a result of many years of practice, I have created a method and a program like no other out there. It is called **Gates of Power®**.

Gates of Power® method and program is a comprehensive holistic and effective way to heal, transform, and actualize your potential. The program is experiential, expressive, spiritual and actionable. It optimizes your inner being as well as all 7 areas of your life.

I am deeply dedicated to the art and craft of self-healing and self-actualization. I am an artist, so to me the journey of transformation is an act of great creativity.

We are creating ourselves and thus the world around us. I believe that we are here to manifest the best within us and be a contribution to ourselves and others.

I trained in psychodrama, gestalt, bioenergetics, and primal therapy – all psychotherapeutic modalities that utilize expression, creativity, imagination, and intuition.

I have been counseling and coaching individuals for over 30 years leading workshops, courses and corporate trainings as well as public speaking.

I have an extensive background as a multi-disciplinary performing artist. My artistic background includes acting, dancing, directing, producing, writing, and choreographing. I have integrated my counseling experience, artistic abilities, and spiritual awareness to create the Gates of Power® Method.

My books, Gates of Power: Actualize Your True Self and Let The Heart Speak are available for purchase on Amazon.

I am excited to help you achieve all that is possible for you.



ABOUT GATES OF POWER ®

Gates of Power® method and program is a comprehensive holistic and effective way to heal, transform, and actualize your potential. The program is experiential, expressive, spiritual and actionable. It optimizes your inner being as well as all 7 areas of your life. The program supports you in mastering the two most important elements in the area of self-healing and self-actualization. Without mastering these two elements, true transformation and healing is not possible.

These **TWO** very important **ELEMENTS** are missing in most trainings and methods offered. Gates of Power® provides extensive training to master them.

The TWO IMPORTANT ELEMENTS are:

1. **Healing and aligning the three aspects of the inner self (Emotional, Defensive, Expanded)**
2. **Optimizing all seven areas of life called the Seven Gates of Power®.**

The Seven Gates are: The Gate of The Body, The Gate of Emotions, The Gate of Dialogue (relationships to self and others), The Gate of Creative Expression, The Gate of Life Path, The Gate of Silence (prayer and meditation), The Gate of Knowledge

Gates of Power® method and program is a comprehensive counseling coaching system. It helps you transform your life through self- healing, self-development, and self-actualization.

I invite you to take a journey to understand more about the Gates of Power® program.

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